



## Our Preschool Day - VPK

<b>7:30-8:00 am</b>	<b>Drop off and Open Centers</b> – As children arrive to school, they follow their morning routine in signing in their name, and children may play in Centers (blocks, housekeeping, science, manipulatives, literacy, or art)
<b>8:00-8:30 am</b>	<b>Clean up</b> - Children will clean up after playing and wash their hands to prepare for breakfast time.
<b>8:30-9:00 am</b>	<b>Breakfast</b> -The children will enjoy breakfast with their friends. This provides the children with an opportunity to enhance their social and language development skills. As soon as the children finish with their meal, they will wash their hands and prepare for the next activity.
<b>9:00- 9:30am</b>	<b>Circle Time</b> - During this time the children will engage through songs and finger play to enhance their language, phonemic awareness, math, music, and social skills pertaining to their assigned curriculum concepts.
<b>9:30 – 11:00am</b>	<b>Center time and Small Group</b> – The children will rotate from Center to Center and small group activities assigned to a learning skill and concept. The children will learn through play and discovery by visiting our centers ( housekeeping, blocks, science, table toys, reading, art, and writing.)
<b>11:00-11:30 am</b>	<b>Reading</b> – At this time the children will practice book, social, and language skills when reading independently, telling stories to their friends, or listening to a story. Have children use the bathroom to transition to outdoor play.
<b>11:30-12:00 am</b>	<b>Gross Motor</b> – Children will engage in gross motor skills and discovery through outdoor play in the playground and assigned activities. ( if the weather does not permit outdoor play, teachers will plan for gross motor skills through an indoor activity)
<b>12:00-12:15 pm</b>	<b>Clean up</b> - Children will clean up after playing and wash their hands to prepare for Lunch time.
<b>12:15-12:45</b>	<b>Lunch</b> - Children will wash their hands and sit down for lunch. Mealtimes give children the opportunity to enhance their social skills and learn to use proper table manners.
<b>12:45-1:00 pm</b>	The children will clean up after Lunch and prepare for Quiet time. Children may lay quietly with a book as they all prepare for nap time.
<b>1:00--2:30 pm</b>	<b>Quiet time</b> - During quiet time, the children will rest quietly and listen to music. Those children who do not nap will work on fine motor skills quietly at their cot.
<b>2:30- 3:00 pm</b>	At this time the children will start waking up, wash theirs hands and prepare for snack time.
<b>3:00-3:30 pm</b>	<b>Snack</b> - Children will sit with snack and practice their social skills while also using their table manners. Once the children have finished their snack, they will clean up and prepare for Circle time.
<b>3:30- 4:00 pm</b>	<b>Circle Time</b> - During this time the children will engage through songs and finger play to enhance their language, phonemic awareness, math, music, and social skills pertaining to their assigned curriculum concepts.
<b>4:00- 5:00 pm</b>	<b>Center time and Small Group</b> – During this time the children will choose to play and learn by playing in centers and work in small groups to reach a learning concept skill and goal.
<b>5:00- 5:30 pm</b>	<b>Gross Motor</b> - Children will play outdoors while awaiting to get picked up for closing time. (if the weather does not permit outdoor play, children will engage in gross motor activities planned by the teacher.)



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